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Week 2
 Term 1



Relieving Principal's News

Happy New Year !

Welcome back everyone to our brand new school year. I hope everyone had the chance to relax and recharge their batteries over the break ready for what is already shaping up to be a BIG year for all at Nimbin Central School – students are all in their new classes with new learning challenges, teachers have their new students and learning programs and the school itself is entering the second year of its three year Strategic Plan with lots of initiatives and challenges ahead.

In 2019 we will continue on the path laid out in this Plan, ensuring students are at the centre of our school, and they drive all our decision-making.

We will continue to ensure everyone is learning and growing and that every young person is known, valued and cared for.

We will continue to ensure outstanding teaching occurs in all our classrooms, with young people engaged, challenged and becoming independent learners.

We will continue this commitment to our students, staff and community and I look forward to us all working together again in 2019.

It's going to be a great year!

Cath Marshall

FROM THE OFFICE

It is vital that parents/caregivers inform the school office of any changes to their contact details to ensure ease of contact if the need arises.

Thank you

IMPORTANT DATES:

Tuesday 12th February
 Primary and Secondary SRC
 Induction Assembly MPU
 12.55 pm

Wednesday 13th February
 Ag visit to Permaculture
 Gardens

Thursday 21st February
 Secondary Swimming
 Carnival

Wednesday 27th February
 Northern Rivers Zone
 Swimming Carnival

P&C Meeting
Tuesday 12th February
2.00 pm

**We would love to see you
 there!!!**

NCS Newsletter Team

Design & Editing:

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From the Relieving Deputy Principal

A big welcome back to all our Nimbin Central School community – students, parents, caregivers, teachers and staff. I hope you all had as lovely a summer break as I did and have returned with recharged batteries for what will no doubt be another busy year.

A special welcome to all our new students – Kindergarten, Year 7 and a bunch of others through the year levels. I'm looking forward to meeting you all and getting to know you. There are lots of happy and excited faces which make me feel the same way about being back at school.

We have a few new programs starting this year. Kindy and Year 7 have completed Best Start Assessment, which is a NSW Government program aimed at giving teachers accurate information about their students in Literacy and Numeracy. Feedback from the assessment will provide teachers with information to support targeted teaching strategies that meet the learning needs of their students.

Project Based Learning has also commenced in Year 7 and 8 with students spending six periods each week engaged in the program. Josh Howard and Sian Evans have worked hard over the summer to develop a "Learning to Learn" program that will provide students with skills in the six C's: Collaboration, Communication, Creative Thinking, Critical Thinking, Citizenship and Character.

The Primary School buildings are looking fantastic after having their exterior painted late last year and with the installation of the colourful bag hooks. This year the Primary classrooms will also be getting new carpet and will have their interior painted as well, so everything will be spick-and-span both inside and out! The library and some of the secondary classrooms will also be getting new carpet this year.

A reminder that we now have a new school website at <https://nimbin-c.schools.nsw.gov.au/>. At the site you can view details about upcoming events, download school newsletters, make payments, view galleries and much more. The school has now also subscribed to Schoolstream, which is an app for mobile phones that allows us to send instant alerts, news, notes, reminders, newsletters and more. The app can be installed on both iPhones and android devices. Our school Facebook page is also regularly updated with relevant information.

Andrew Grimshaw

NIMBIN CENTRAL SCHOOL IS NOW ON FACEBOOK. PLEASE FIND US AND LIKE US:

www.facebook.com/nimbincentralschool



K-6 NEWS

Welcome to the 2019 school year. It's great to be back and I hope everyone spent quality time with family and friends over the break. One of my favorite parts of starting a new school year is seeing how much our returning students have grown over the break...perhaps it has something to do with all the warmth and sunshine our region enjoys (although a bit more rain would be good). Welcome to our new students and their families. It is an absolute pleasure seeing our school community grow and it will be an enjoyable process watching the growth of our students over the coming year. Our new Kindergarten students all participated in their Best Start Assessments last week and officially started school on Monday. They have had a huge week of new experiences - becoming familiar with classroom and school routines, making new friends, and most importantly, working out how to open their lunchboxes. Our Year Five and Six buddies have done an amazing job of supporting the Kinder students' transition to primary school and will continue to do so over the coming weeks and months.

Classes

We have a few changes to staff this semester. Mr Everingham is taking a well-earned break for Terms One and Two however, if needed, he may be found jet-setting in a faraway land or somewhere in Queensland. Welcome Mr Matthew Smail to our school. Mr Smail has had considerable teaching experience in Queensland and will be teaching the Year 5/6 class for Terms One and Two. At this stage classes are unlikely to change but there remains a possibility depending on enrolments. The classes we currently have are:

Kindergarten – Mrs Val Scarrabelotti and Ms Gail Pierce
Year 1/2 – Ms Dian Plesko (Assistant Principal)
Year 3/4 – Mrs Toni Steel (Relieving Assistant Principal)
Year 5/6 – Mr Matthew Smail
RFF – Ms Gail Pierce
Learning Support Teacher – Mrs Jo Mackney
Instructional Leader – Ms Justine Coyle
SLSO – Mr Jacob Bruce-Allen and Ms Vanessa Andrews

Sun safety and hot weather precautions

I'm sure you will all agree – we have experienced some very hot weather so far this summer. Nimbin Central Primary School requires that students adopt appropriate sun safety practices during outdoor activities. All students are required to wear a broadbrimmed hat that protects their face, neck and ears and any exposed skin on the head. Caps are not suitable because they do not provide adequate protection from the sun. Nimbin Central School broad brim hats can be purchased from the office. Children without a suitable hat will be required to play in the shade. Please encourage your children to drink plenty of water before and after school and they will be encouraged by teachers to stay hydrated during the day.

Pick Up Arrangements

Your child's safety and wellbeing are forefront of our minds. If there are any changes to your child's normal pick up or bus arrangements, please telephone the school on 66891355 as soon as possible to advise the change. This includes changes to bus arrangements, pick up time or place, as well as any change to the person collecting your child from school. Simply telling your child is not enough – please contact the school as well. Unless the school has received verbal advice from a parent or carer the student will be required to follow their normal pick up or bus arrangements.

K-6 NEWS (cont.)

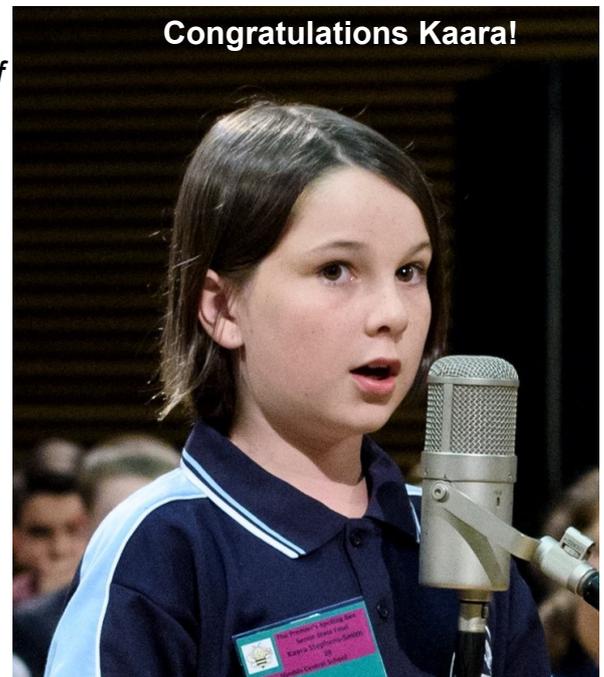
NSW Premier’s Spelling Bee Challenge

On Friday the 2nd of November, 2018 Kaara Stephens-Smith proudly represented our region in the State Finals of the Premier’s Spelling Bee Challenge held at the ABC studios in Ultimo, Sydney. The 2018 Spelling Bee was the biggest so far, with almost 170,000 students across 1000 NSW public schools. Kaara competed against 50 senior regional winners and showed herself worthy of being among the best Stage 3 spellers in our state. Congratulations to Kaara and special thanks to her family for supporting her in her journey to Sydney to participate in the event. We are all looking forward to this year’s competition.



Regards

Toni Steel and The Primary Staff



Congratulations Kaara!



Primary Awards Assembly



Welcome Kindy class 2019!

CAREERS NEWS

Information on the following areas is available from your Careers Adviser:

- Any female student interested in attending a Wood Work Trades Workshop in March should see Mr Chaseling to register interest. During the day students will learn about personal protective equipment, use of tools, general woodwork skills and they will have the opportunity to interact with trades people.
- Could any Year 12 student looking at pursuing a Medical or Allied Health degree other than nursing please see Mr Chaseling ASAP.

Mr Chaseling



Library News

With Mazz Webb

Please check your rabbit holes for missing books as many students have not returned books they borrowed last year. The borrowing time is one week for Kindies and two weeks for Primary and Secondary students (textbooks are for the length of the course). The Library is open for first and second breaks (lunchtime) for all students. If they need help with assignments and research we are very happy to help.

Gaming on computers is limited to educational and non-violent games. Let us know if you would prefer your student not to use computers in breaks.

Students are encouraged in breaks to use computers to complete assignments, use the free typing program and conduct research.



Book Club is an affordable way for students to purchase books from the Scholastic Australia catalogue. The books and kits are aimed at Primary students and junior high school. Any books purchased generate points that we use to buy books for our Library as chosen by the students. **Book Lover's Day** is February 14th so make sure you spend some time reading out loud with your loved ones cos "kids who read succeed" (unknown author).

PRIMARY FINAL ASSEMBLY 2018



SECONDARY FINAL ASSEMBLY 2018



FROM THE COMMUNITY LIAISON OFFICER

2019 - Building Our Best

Welcome to a new school year. A particularly warm welcome to parents and carers of students new to our school. Each year our children take what they learnt last year and build on it over the new year. It is a steady process.

Schools do this too for the benefit of the school. They constantly look at what they do and see how they can build on that. You can rest assured that our school reflects on its practices regularly for the benefit of students.

As Community Liaison Officer, I am constantly seeking ways that I can better build good relationships between the school and parents and carers. I welcome ideas and feedback on how to do this better.

Back to School can be an Expensive Time of Year

Here are some financial support opportunities for you from the NSW Government:

1. Low income families can apply for a **Family Energy Rebate** to help with the cost of your electricity. You can apply online or print out and complete a form. <https://www.service.nsw.gov.au/transaction/apply-family-energy-rebate-retail-customers>
2. To be eligible for the **Appliance Rebate Scheme** for a new fridge or washing machine, customers must:
 - be a NSW resident
 - hold one of the following valid concession cards:
 - Pensioner Concession Card
 - Health Care Card or Low Income Health Care Card from Centrelink
 - Veterans' Affairs Gold Card
 - own a fridge six years old or older, and want to replace it; or
 - own a plasma or cathode ray tube (CRT) television and want to replace it.

Apply on line at: <https://energysaver.nsw.gov.au/households/rebates-and-discounts/appliance-replacement-offer>

3. From 1 January 2019, parents are able to access both the \$100 Active Kids voucher and the \$100 Creative Kids Rebate each year for every school-aged child.

Parents will be able to access the rebate online or in person at a Service NSW centre <https://www.nsw.gov.au/news-and-events/news/100-rebate-for-creative-kids/>

If any of these ideas can be of help to you then good luck to you.

Parents and Citizens Association

Here at Nimbin we have a very enthusiastic and friendly group who work tirelessly for the benefit of the students of our school. Our P&C meet twice a term to plan ways to work with the school staff to promote the interests of the school by bringing parents, citizens, pupils and teaching staff into close co-operation; assist in providing equipment required by the school; report to the Minister the material requirements of the school; assist the teaching staff in establishment of school policy and management in all facets of school activity.

It is also a great way to make new friends and learn about how the school runs.

Parents and carers are invited to join us on Tuesday 12th February at 2pm at the first meeting of the year. Visitors are always welcome to sit in on our meetings. You will get a very warm welcome.

Helping in our Canteen Helps our Kids

Our school canteen supervisor, Simone, has done a mammoth job in converting our canteen into a totally healthy one, serving freshly prepared food every day.

As you would understand this requires a whole lot of work to maintain. Simone is deeply appreciative of any help that she can get. A day or half a day or an hour or two makes a huge difference to her ability to feed our students.

Please consider giving her your support. It can be as simple as suits you to give a helping hand.

It is a great way to make new friends, see what your kids do in a day, meet some teachers and learn some new skills.

Drop in and have a chat with our friendly supervisor, Simone. She will be very pleased to see you.

Anne Bowden



BANGARRA DANCE WORKSHOP

Any Aboriginal or Torres Strait Islander students interested in an excursion to Byron Bay High School for Bangarra Dance workshops on Tuesday, the 19th of February, are to see Mr Wheeler in the Head Teacher office ASAP for more information.

This is a free excursion and a great opportunity for ATSI students interested in dance! Students who perform particularly well on the day may be selected for Bangarra's junior dance ensemble.

Thanks,

Mr Wheeler

Disabled Parking Spots at Nimbin Central School

Could all staff and visitors to the school please be mindful of the designated Disabled Parking areas in the car park. These are used regularly for students and community members with special needs and must be available for them at all times.

Thank you for your support and consideration around this issue.

PEER SUPPORT PROGRAM

Our school plans to implement the Peer Support Program starting on Thursday 14th Feb. Staff conduct this Program with the assistance of Peer Support Australia. The Program involves 2 days of leadership training for Peer Leaders who then work with small groups of students. Each group works through a set of structured sessions for a term. The focus of the sessions for this year is 'Resilience'.

The purpose of the Peer Support Program is to develop understandings, attitudes and skills necessary to help students:

- enhance their self esteem
- be more resilient
- cope with their changing environment
- foster positive relationships with others
- contribute to the wellbeing of the school community.

Year 7 students will be working for one period a week of this term with Year 10 students who have been trained to conduct the program and offer support. This program has proved successful in broadening students' support networks and establishing close relationships with a variety of peers.

Sian Evans

SRC INDUCTION ASSEMBLY

**Tuesday 12th February
12.55 pm in the MPU**

**Where we officially swear in our primary and secondary school leaders for 2019.
All parents/caregivers welcome!!!**



The simplest way

... to pack a healthy lunch box

The average school child will eat more than 2,500 lunches during their 13 years at school.



Cancer Council's website healthylunchbox.com.au is a one-stop-shop for everything families need to know about packing a healthy lunch box.

Parents will find information on the five food groups, what constitutes a healthy lunch box, sandwich alternatives, sandwich filling ideas, snack ideas, swaps for unhealthy snack foods, recipes and tips. The website features an [interactive healthy lunch box builder](#) where parents can get their kids involved in planning the lunch box and choosing foods they will eat and enjoy.

healthylunchbox.com.au

Magic the Gathering afternoon



Courtesy of Overdrive Gaming - Free 60 card starter decks for all new players

Friday, 22 February
3pm to 5pm
at Lismore Library

Love gaming? Learn and play the role-playing card game, Magic the Gathering.

Ages 13+

Richmond Tweed Regional Library
Connect. Discover. Escape.



Lismore Library
02 6621 2464
110 Macpherson Street
Lismore NSW 2480

Lismore Library and Story Board

present acclaimed illustrator

Matt Ottley



Free illustrating workshops with Matt Ottley

For young people aged 12 to 18yrs

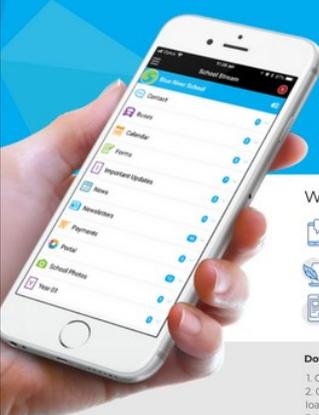
Enquires & bookings:
storyboard@byronwritersfestival.com

Thursdays 7 & 14 February 5 - 6.30pm Lismore Library

Richmond Tweed Regional Library
Connect. Discover. Escape.



Download our school app for free!



Why download the app?

- Receive instant notifications for important news.
- Easily register absentees and excursions.
- Keep up to date with events and set reminders.

Download instructions:

1. Go to the App Store and download "SchoolStream" to your phone.
2. Open the app and type the school's name into the search bar to load the school's profile.
3. Make sure you agree to Push Notifications when prompted.



facebook.com/SchoolStream
twitter.com/SchoolStreamApp

Nimbin Central School is now using the SchoolStream app! It is free to download (data charges apply - see your provider for more details) and it gives you immediate notifications of upcoming events, news relating to the school and any important documents such as permission notes and assessment tasks.

**NIMBIN CENTRAL SCHOOL HATS
AVAILABLE AT THE OFFICE.
100% COTTON
\$11.00**



**Primary Polo School Shirt
Sizes 4-16 \$18.30
Secondary Polo School Shirt
Sizes 10-18 \$22.00
Senior Secondary Polo School Shirt
Sizes 10-18 \$22.00
Organic Cotton Polo Shirt
sold at canteen on Friday mornings by P&C
\$23.00**

NIMBIN CENTRAL SCHOOL CANTEEN - SUMMER MENU 2019

SNACKS

E	Piece of fruit—seasonal	\$1.00
E	Airpopped Popcorn	\$1.00
O	Sesame Crisps	\$1.00
E	Custard Cup.....	\$1.00
E	Tinned Fruit Cup	\$1.50
E	Pikelets—jam or butter (DF)3 for	\$2.00
O	Chips - Sea Salt.....	\$1.20
O	Grainwaves - Sour Cream & Chives.....	\$1.20

DRINKS

E	Juice Cup ...apple/orange.....	\$1.00
E	Cup of milk—plain / flavouredSmall \$1.00.....Large ...	\$2.00
E	Lactose Free Choc Popper.....	\$1.50
E	Juice Bomb Can (5 flavours)	\$2.50
E	Coconut Water - Small Cup	\$1.00
E	Juice Popper 100% (4 flavours)	\$1.50
E	Water..... 600 ml.....\$1.60 1 litre.....	\$2.50
E	Up & Go Popper (4 flavours)	H/S \$2.60
E	Iced Choc Popper	H/S \$3.20
E	Iced Coffee Popper	Seniors Only.....\$3.20
E	Organic Juice Pouch (5 flavours)	\$2.00

SANDWICHES

E	Jam/Vegemite.....	\$2.00
E	Cheese /Tomato.....	\$2.50
E	Tomato & Cheese/ Cheese & Cucumber	\$3.00
E	Ham & Cheese.....	\$3.20
O	Salami & Cheese	\$3.20
E	Ham, Cheese, Tomato.....	\$3.50
O	Salami, Cheese & Tomator OR Lettuce.....	\$3.50
E	Egg, Mayo & Lettuce.....	\$4.00
E	Chicken, Lettuce, Mayo	\$4.00
E	Chicken, Cheese, Sprouts.....	\$4.00
E	Ham, Cheese, Salad	\$4.20
E	Salami, Cheese, Salad	\$4.20
E	Salad	\$3.50
E	Salad with Cheese	\$4.00
E	Chicken Salad	\$4.50

All sandwiches are made using jumbo sliced wholemeal bread & dairy free spread.

GF available upon request + \$0.50

ROLLS & WRAPS

E	Salad Roll (round white)	\$4.00
O	Veg Patty, Lettuce, Tomato	\$5.00

1/2 Hot Dog Roll

O	Salami, Cheese, Lettuce	\$2.50
E	Ham Cheese Tomato	\$2.50
E	Chicken Lettuce Mayo	\$2.50
E	Egg Lettuce Mayo	\$2.50
E	Salad & Hommus	\$2.50

WRAPS (Halves)

E	Salad with Hommus	\$3.00
E	Ham Cheese Salad	\$3.50
E	Egg Lettuce Mayo	\$3.50
E	Flame Grilled Chicken, Lettuce, Sweet Chilli Sauce	\$4.00

BURGERS

E	Flame Grilled Chicken, Lettuce, Sweet Chilli Sauce	\$5.00
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*** COMING SOON ***

	Walnut Patty Burgers (Canteen made)	\$5.00
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TOASTIES

E	Grilled Cheese Open Melt.....	\$1.50
E	Cheese Tomato	\$3.00
E	Ham & Cheese	\$3.50
O	Salami & Cheese	\$4.00
E	Chicken & Cheese	\$4.00

FROZEN

E	Sips (Quelch Sticks) 5 flavours	\$0.80
E	Ice Monys (Triangles) 3 flavours	\$0.80
E	Juice Cups - Apple/Orange 100%	\$1.00

CANTEEN MADE

E	* Greek Yoghurt Berry Blocks	\$1.00
E	* Custard Blocks	\$1.00
E	* Coconut Fruit Blocks (coconut water & 100% juice)	\$1.00
O	Choc Moosie	\$1.20
O	Frozen Yoghurt - 3 flavours	\$2.50
E	Organic Juice Pouch - 3 flavours	\$2.00
E	Mini Weis Bars - 3 flavours	\$2.20

NO FROZEN ITEMS AT FIRST BREAK

NIMBIN CENTRAL SCHOOL CANTEEN - SUMMER MENU 2019

HOT FOOD

O	Mini Sausage Roll	\$0.50
O	Party Pie	\$1.10
O	Chilli Chicken Tender / GF tender	\$2.00
O	Veggie Patty	\$2.00
O	Bakery Cheese & Spinach Roll Half \$2.00 Whole	\$4.00
O	Bakery Sausage Roll	\$3.60

BAKERY PIES

O	Meat Cheese Bacon	\$4.80
O	Curry Meat / Plain Meat	\$4.80
O	Cauli Broc	\$4.80

BYRON PIES (soon to be discontinued)

O	Thai Chicken/Chicken Mornay	\$4.80
O	Satay Chicken/Bolognese	\$4.80
O	Mexi Beef/Mexi Veg	\$4.80
O	(GF / Spelt Vegan)	\$5.20

*** ALL PIES ARE ONLY AVAILABLE AT SECOND BREAK AND MUST BE ORDERED***

O	3 Fish Bites - oven baked	3 for \$2.00
O	100g Potato Wedges	\$2.00
	Tomato/BBQ/Chilli Sauce	20c

SALADS

E	<u>Small Tub BASIC</u>	
	Mixed Lettuce, Tomato, Carrot, Cucumber	\$3.00
	Add extra 50c per additional item of :	
E	Cheese/Egg	
	Add extra \$1.00:	
E	Ham/Chicken	
E	<u>Large Tub BASIC</u>	
	As above per additional items	\$4.00
E	Small Basic Tub with Flame Grilled Chicken	\$5.00

MONDAY

E	Pikelets - 3 with butter or jam (DF)	\$2.00
E	Pesto Pasta (DF) Small Bowl \$2.00 Small Tub.....	\$3.00
	(add extra 50c for cheese OR GF pasta)	
E	Baked Jacket Potatoes	3 for \$3.00
	(add extra 50c for cheese OR sour cream)	
O	Fish n Chips (3 fish bites + 100g wedges)	\$4.00

TUESDAY

E	Stir Fried Rice (meat or veg)	\$4.00
E	Pasta Bolognese (meat or veg)	\$4.00
	(add extra 50c for cheese OR GF pasta)	
O	Canteen made Curry Puffs	\$2.50

WEDNESDAY

E	Chicken Wings	\$1.50
E	OR 3 with BASIC salad	\$5.50
E	Mac Cheese (Veg)	\$4.00
E *	Nori Rolls - tuna or veg	\$1.50
E *	Tofu Pockets - tuna or veg	\$2.50

*** Alternating weeks**

THURSDAY

E	Pesto Pasta (DF)Small Bowl \$2.00.....Small Tub	\$3.00
O	Bean Nachos (2nd break only)	\$5.00
E *	Mexi Mince & Rice	\$4.50
E *	Mexi Mince Soft Tacos	\$2.50

*** Alternating weeks**

FRIDAY

E	Chicken Wings	\$1.50
O	Fish n Chips	\$4.00
E	Pita Bread Pizza - Hawaiian/Veg - 2ND BREAK ONLY	\$2.50
	Turkish Bread Toasties	
	Ham Cheese Tomato	\$3.80
	Salami Cheese Tomato	\$3.80
	Chicken & Cheese	\$4.00
	Cheese & Tomato	\$3.50

E = Good to choose EVERYDAY

O = Choose only OCCASIONALLY

GF = Gluten Free/ DF = Dairy Free

H/S = High School only

Like us on Facebook



Nimbin Central School Canteen