Week 6

Term 4

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From the Principal

What a crazy couple of weeks but what a relief that the bushfires around our area have been downgraded and our RFS stood down. A period of reprieve for us all, a time to catch our breath and reassess our plans, actions and procedures with the knowledge that we have a long, hot, dry summer ahead of us.

I want to take this opportunity to express our deep appreciation for the commitment and care of our local RFS, CWA, SES, Red Cross, Salvo's and all the other organisations as well as the hundreds of volunteers that came together so quickly to keep our entire community safe, prepared and supported. It makes me extremely proud to be part of a community that responded and worked together so tirelessly and particularly with the knowledge that a lot of these were young people and children. Their efforts are quite humbling!

I would also like to reassure you that the Department of Education works closely with Rural Fire NSW and emergency services to ensure that the decisions made around the operational status of the school is an informed and safety first decision. Both the closing and opening of Nimbin Central is guided by these agencies with your students' safety the priority. Thank you for your understanding and support with these decisions and the fact that information is passed onto you as early as possible.

On this point, I was very pleased with the successful communications with community during the bushfire emergency and I feel this was due to our ability to use a range of platforms to get messages and information out to parents and carers.

All information regarding school operations will be posted on Nimbin Central School Facebook page, Nimbin Hook-ups Facebook page, School Stream, the school website and via text message. Please ensure your details are up to date at the front office so you can receive these texts if necessary.



Rimbin Central School

IMPORTANT DATES:

Tuesday 26th November Year 7 Taster Day

Wed 27 Nov & Friday 29 Nov Dental Visit

Thursday 28th November School Musical Matinee 11.30am - 1.30pm Evening Performance 6-8pm

Mon - Friday 2nd to 6th December Primary Intensive Swimming

Tuesday 3rd December Statewide Orientation Day Year 6 to 7

Wednesday 11th December Carols by Candlelight from 6.30pm

Thursday 12th December End of Year Celebration Primary Murwillumbah Pool

> Thursday 12th December Year 6 Graduation Dinner

Friday 13th December Worlds Excursion for Secondary

P & C Meeting on Tuesday 26th November from 2-3pm



NIMBIN CENTRAL SCHOOL

(Cont. over page)

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From the Principal (cont)

On a sad note, Nimbin Central School is losing a valued and respected staff member this week. Mr Andrew Grimshaw is returning to Victoria due to family commitments. I know it has been a hard decision for him and that he has greatly enjoyed his time at Nimbin Central. We have also greatly enjoyed having him here and he will be missed. I know you join me in wishing Andrew all the best for the future and a big we will miss you.

See you all at our musical next week on Thursday November 28 for the matinee at 11.30am or the night performance at 6.00pm. Judging by rehearsals, it will be amazing!

Cath Marshall

From the Deputy Principal

Hi everyone,

Regretfully I have to announce that this will be my last newsletter item. Due to family issues my wife and I have relocated to Victoria. I will be on leave for the remainder of the year and starting at a new school Term 1 2020. Ms Cockburn will be Relieving Deputy for the remainder of the year.

I have to say that the decision to leave Nimbin Central was one of the most difficult life decisions I have ever made. It really is a unique school, providing both innovative, cutting edge education and wonderful wellbeing support. I have really enjoyed working here amongst such a friendly community of staff, students and families and would like to thank everybody for their support.

Last Wednesday our Year 12 students had the opportunity to attend RRISK (Reduce Risk Increase Student Knowledge) at Southern Cross University. RRISK is a government sponsored resilience building program that is relevant to the social life, developmental stage and concerns of adolescents. It extends the school-based drug education and road safety curriculum by providing opportunities for senior high school students to develop knowledge, attitudes and skills to reduce risk taking and develop safer celebrating strategies.

A major focus for RRISK is Young Drivers aged 17-25 years. **Facts:**

- 1. Road crashes are one of the leading causes of injury, disability and death among young people.
- 2. Young drivers and their passengers are over-represented in road crashes compared to other age groups especially young males.
- 3. Drivers in rural areas experience a higher rate of fatalities than those from urban areas.
- 4. Speeding is the major cause of road crashes in NSW and crashes which involve speeding are more likely to result in fatal crashes.
- 5. Other high-risk behaviours that significantly contribute to road crashes and injuries include: drink driving; driver fatigue; driver distraction: especially mobile phones; not using seat belts.

For more information go to <u>https://roadsafety.transport.nsw.gov.au/campaigns/index.html</u>

Andrew Grimshaw

CAREERS NEWS

Information on the following areas is available from your Careers Adviser.

- Any students in Year 12 in 2020 who are interested in studying Medicine at University please see Mr Chaseling ASAP.
- I have received a pamphlet in relation to Connect's Aboriginal School-Based Traineeship Support Program. If you are in Year 11 and interested in a School-Based traineeship please see Mr Chaseling ASAP.

Mark Chaseling

K—6 NEWS

In the midst of the bushfire crisis the community of Nimbin has been amazing. Their acts of community resilience and kindness from supplying food and accommodation to supporting the fire fighters with helpers and heart-warming messages of gratitude is inspiring. Thank you to the firefighters, support crews and staff at school for keeping our families and school safe.

Mikayla and Daniels Sporting Success

One of life's great joys is to see students you know accomplish what they've been hoping for and working hard towards.

In Week 4 Daniel and Mikayla Frey travelled to Sydney to participate in the NSW State Athletics Carnival. They were impressive competitors with both achieving their personal bests in their events. Mikayla achieved a PB of 14.34s in 100 metres and also another PB of 29.79s in the 200 metres. She also placed 2nd in her 800 metre heat. Daniel placed 7th in the State in Shot Put achieving a PB of 11m 65 using a 3kg shot. Most people cannot relate to the extreme work ethic it takes to be an athlete and Daniel and Mikayla's tenacity, effort and dedication to



the sport is impressive. We are so proud of them and congratulate them for their motivation in achieving a very high level of performance.

Mikayla's Premiers Spelling Bee Success

After competing in the State Athletics, Mikayla then went back to back and represented the Northern Rivers in the Premiers Spelling Bee in Sydney. Children spell words while on stage before other competitors, supportive parents and a wider TV audience and requires a competitor to thrive under pressure. Our Mikayla did just that and came 11th out of 50 students. This is a remarkable achievement for her and once again her determination, poise and self-minded focus contributed to her success. Congratulations Mikayla. We are so proud of you.

School Swimming and Water Safety Program

In Week 8, from Monday 2nd December to Friday 6th December ALL Nimbin Central School students will be attending the Swimming and Water Safety Program at Kyogle Pool. The program aims to develop greater water confidence and provide students with the basic skills in water safety and survival. It is conducted over ten sessions and each lesson is 45 minutes. To help reduce transportation costs Nimbin's Swimming program has been compressed into one week with two swimming sessions everyday. Students who have not reached a satisfactory standard of water safety and survival skills and are unable to swim 25m confidently unaided in deep water, are eligible to participate in the Department of Education School Swimming and Safety Program which is conducted by trained instructors. The program focuses on weak swimmers as well as students with special needs. Could notes and payment be made as soon as possible.



K - 6 News (cont)

Change of Timetables

In Week 6, some aspects of the Primary timetable have changed due to the introduction of the new Secondary 2020 timetable.

- Choir is on Wednesday afternoons. Junior choir from 2.15pm and Senior Choir from 2.40pm.
- Sport for Years 5/6 and Years 3 /4 is now on Tuesday afternoon from 2.15pm to 3.10pm.
- Minor Birds is on Friday lunchtime.
- 1/2 Library is on Tuesday afternoons.

Pillowcase Project – Emergency Preparedness for Kids

On Tuesday of this week the Year 3/4 class participated in the Pillowcase Project run by the Australian Red Cross. The project is a free emergency preparedness program that discusses the importance of being prepared in the face of an emergency. Students learnt about some emotions that may arise before, during and after an emergency and what to pack in the event of one. Each student was given a pillowcase to decorate and take home, to start their own personal emergency bits

kit.



As always if you have any concerns about your child's education please talk to us so that we can make your child's schooling a happy and positive learning experience. Thank you for your support.

Toni, Di & the Primary Staff

Week	Date	Activity	Additional Notes
Week 7	Tuesday 26th November	Year 6 to 7 Transition Taster Day	At NCS
Week 8	Tuesday 3rd December	Statewide Year 6 to 7 Orientation Day	At 2020 schools
	Monday 2nd December through to Friday 6th December	Intensive Swimming and Water Survival Program	Kyogle Swimming Pool All students attend
Week 9	Thursday 12th December	Primary Celebration Day	Murwillumbah Pool
	Thursday 12th December	Year 6 Graduation Dinner	Sphinx Rock Cafe'
Week 10	Monday 16th December	End of Year Assembly	All family members welcome. Presentation of school badges and academic certificates.
	Tuesday 17 th December	Class Parties	
	Wednesday 18th December	Last day of school for students	

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- School Musical at Nimbin Central on Thursday 28th November
- Carols by Candlelight at Nimbin Central on Wednesday 11th December

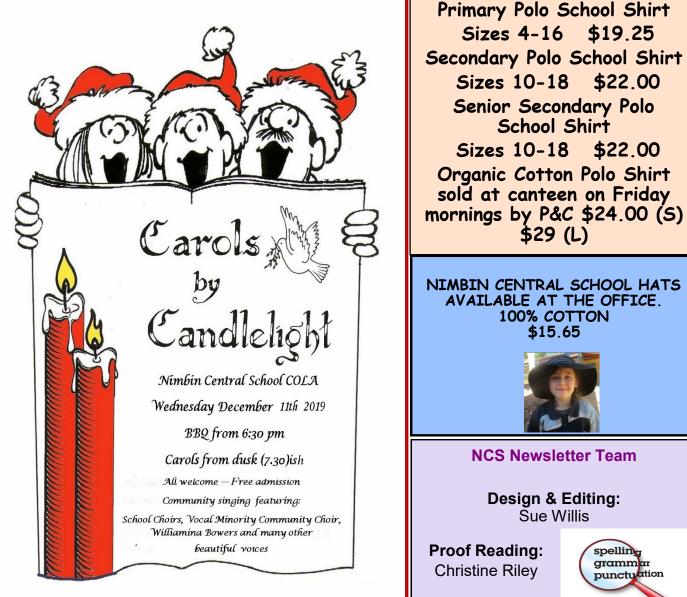


For catering purposes, if you will be providing cakes/slices etc for either event please email: Shizuka Oki at shilucky7525@gmail.com

The P & C would also be very appreciative if any parents would be able to assist with serving food and drinks at either of these events.



NIMBIN CENTRAL SCHOOL



This is a community event—supervision of children is the responsibility of parents and caregivers.

FREE DENTAL FOR ALL CHILDREN AGED UNDER 18

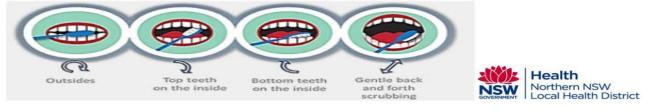
Available at NSW Health public dental clinics in Tweed Heads, Pottsville, Byron Bay, Ballina, Goonellabah (Lismore), Casino, Nimbin, Coraki, Yamba and Grafton

Call 1300 651 625 to book a visit for your child

Children aged under 8 need help to clean teeth twice a day

- Use a soft child sized toothbrush and a pea sized amount of flouride toothpaste
- Stand behind the child and allow them to hold the toothbrush too 0
- Move the brush in small circles using bristles to gently massage teeth and gums 0 When cleaning is complete do spit out toothpaste, but don't rinse
- \bigcirc

How to Brush : Move a soft toothbrush in small circles over teeth and gums



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