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### PRINCIPAL'S REPORT

Welcome back to Term 2! I hope everyone enjoyed a restful break and is ready for another exciting term filled with learning and growth.

I am pleased to announce the installation of new chilled, filtered water bubblers in our school. Staying hydrated is vital for our students' health and well-being, and we understand the importance of water in supporting optimal learning. We encourage all students to take advantage of these new facilities and make hydration a part of their daily routine.

As we continue to uphold our commitment to high expectations, I would like to remind everyone about our mobile phone policy. The implementation of Yondr is designed to create a focused learning environment, free from distractions. We believe that this will enhance our students' engagement and productivity during school hours. Thank you for your support as we work together to maintain a positive and conducive learning atmosphere.

Let's make this term a successful one, filled with enthusiasm and achievement!

Mitchell Cross Principal (Rel.)



### K/2 News

Welcome Back to Term 2!

We hope everyone had a restful and enjoyable break, and we're excited to jump into another fantastic term of learning and discovery.

A big thank you to all the families who joined us for our Easter Hat Parade at the end of last term. It was a wonderful celebration of our students' creativity and a joyful way to wrap up Term 1. Your support and participation made the day extra special!

This term is packed with exciting events and opportunities. We are looking forward to welcoming our school community to the upcoming School Community Market, where creativity and local connection will be on full display. Students will also be getting their hands dirty and helping the environment during our continued nurturing and STEM activities in our garden. We will also be learning all about healthy choices and friendships with Healthy Harold. The School Dental Visit is coming up soon which will support students' health and wellbeing.

With so many wonderful learning experiences ahead, Term 2 is shaping up to be another memorable chapter in our school year. Let's make it a great one together!

Sport day: Thursday Library day: Tuesday

Canteen: Please bring snacks when ordering lunches, Primary cannot purchase food in Break 1. Home Readers: Home Readers will start to go home again, please return weekly for new books.

Heather Jessup Assistant Principal - Primary



## **KEY DATES**

Love Bites Year 10	13th May
Lives Lived Well Deadly Thinking Wellbeing Program	13th May
Primary Music for Change Workshop	15th May
Planting Day Landcare	15th May
P&C Meeting3.30 pi	m15th May
NR Cross Country Evans Head	16th May
Primary School Mobile Dental Program	2nd - 6th June
National Simultaneous Storytime	21st May
Primary Music for Change Workshop	22nd May
Girls Group Social Futures	22nd May
Secondary White Card	26th May
Healthy Harold	26 & 27 May
Secondary Yam Deliveries Years 9&10	27th May
Year 10 Marketing Event	28th May
Year 7 Open Night 3.30 pm - 5.00 pm	28th May
Primary Music for Change Workshop	29th May
Japanese Children's Day Celebration	30th May
Primary Zone PSSA Cross Country Carnival at Corndale PS	30th May



## **Primary Cross Country**

Week 1 Friday, our K-6 students took part in the much-anticipated inter-school Cross Country event. Despite muddy conditions and some shoes lost on the track, our young runners showed incredible perseverance, pushing through each lap with determination and smiles on their faces.

It was great to see students cheering on one another from the sidelines, showing true team spirit and encouragement. These moments of support are what make events like this so valuable — building resilience, friendships, and school pride.

Heather Jessup Assistant Principal - Primary





















## YEAR 3/4 NEWS

### Welcome back to Term 2 of 2025!

We have hit the ground running, quite literally, with our small schools cross country event at Caniaba Public School on Friday the 2nd of May. It was a muddy and rainy day, but our students showed incredible resilience and determination – well done to all who participated! A special congratulations to our students who have been invited to Zone Cross Country! Thank you to our students and families that showed support by cheering on our runners.

On Wednesday the 7th of May, our Year 3 and 4 students were visited by the Dorroughby Environmental Education Centre. This hands-on day of learning focused on the fascinating world of insects and their role in our environment. Students collected water samples from the school dam and investigated the water quality by identifying the bugs they found. They also had the opportunity to view insects under microscopes, gaining a closer look at these incredible creatures. To end the day, students created stop-motion animations that showed how insects help sustain our ecosystems. This was an incredible opportunity for students to become entomologists for a day, with hands-one learning experiences.

cont.









### Take-Home Readers

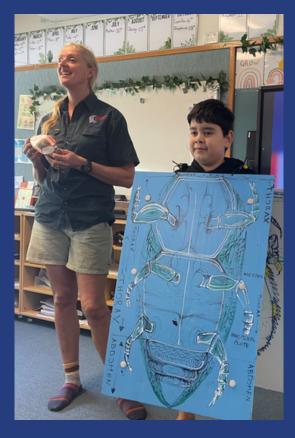
Take-home readers will continue this term. Students will be given a take-home reader and a log to fill out each Monday. Can students please return this each Friday. Families are welcome to sign the reading log and leave comments about their child's progress. Thank you for supporting your child's literacy journey at home.

### **Coming Up This Term**

- Our primary buddy reading program will continue each Tuesday. This is a wonderful opportunity for students across all primary years to engage in reading and build meaningful connections with peers across K-6.
- Life Education's Healthy Harold will be visiting our school on Tuesday the 27th of May. Year 3-4 students will be learning about the importance of friends and feelings.
- The Primary School Mobile Dental Program will visiting our school during Week 6. Information packs were sent home with students last term.
- Year 3-6 will be making and selling spiders throughout the term to raise money for our school camp in Term 4.

We're off to a great start and I'm very excited for what Term 2 has in store!

Chloe Willis Teacher Year 3/4





## Stage 3 Update with Mr. Edwards, Taya, and Tess

### Welcome Back to Term 2, 2025!

What's Happening - Last Tuesday we welcomed the Dorroughby Environmental Education Centre for an engaging day focused on Jali (insects). Our adventure began with a trip to our dam, where we conducted water quality testing. We're pleased to report that the water quality is satisfactory! As a follow-up, we will be planting native species along the dam's edge to enhance the water quality further. Back in the classroom, students created a stop-motion production showcasing the vital contributions of insects to our ecosystem, with Ella and Arthur analysing the test results!

Fundraising for End-of-Year Camp to help fund our end-of-year camp - We will be selling spiders at lunch on Wednesdays during Weeks 3, 5, and 7. Your support will be greatly appreciated!

### What We're Learning This Term

- · English: Get ready to put on your debating hats! We are diving into persuasive writing and creating advertising materials to promote National Parks.
- · Maths: We are busy mastering our times tables and honing our skills in addition and subtraction. Additionally, we'll explore how fractions can represent multiple concepts and be depicted in various ways.
- · Geography: Our studies this term include the Aboriginal peoples' connection to the land, the use of fire in land management, and a major investigative project focused on a significant bushfire disaster.
- · Science: "Matter Matters!" We're exploring the different states of matter, including liquids that can be runny or frozen. Be sure to visit our Market Day stall, where we will be selling delicious science experiments for you to make and enjoy!

### **Coming Up**

- · 15 May: Tree Planting Day
- · 6 June: Soccer Knockout Competition (we will host Coorabell Public School)
- · November: Lake Ainsworth School Camp
- · Thank you for your continued support, and we look forward to an exciting term ahead!



Stuart Edwards Teacher Year 5/6



## THE ARTS SURRROUND PROGRAM

The Arts Unit's Surround Sound program is expanding to include a band day to be held on Friday 6 June at the Clarence Valley Conservatorium in Grafton from 9:30 am to 2:30 pm.

The day will provide secondary contemporary bands with a masterclass, performance workshop and entry into the Surround Sound Rural and Remote band competition.

Additional students may attend with band groups. Throughout the day, bands will be provided the opportunity to perform for each other and our panel of industry tutors while receiving on-the-spot workshopping of ensemble skills, technical proficiency, musicality, and performance skills, so come prepared with at least one song to perform.

For further information, view the website https://artsunit.nsw.edu.au/surroundsound, and please get in touch should you have any questions.

> Brett Osterhage Teacher - Secondary



Next P&C Meeting
Thursday 15th May at 3.30 pm
in the School Library
All Welcome!!!

## VOLLEYBALL TRIALS

# Nimbin Central Shines at North Coast Volleyball Gala Day

On Thursday, 27th March, Nimbin Central School took both a girls' and boys' team to the North Coast Volleyball Trial Gala Day at Evans Head.

The girls had only five participants, but they were fired up and ready to take on the Alstonville team—despite being one player down. When offered the chance to borrow an extra player and forfeit the match to make it a friendly, Thea responded, "Definitely not! Give us the challenge—and hey, we might win." Chanel added, "We've got this, girls!"

And challenge they did. They went up against the Alstonville team, who had a full lineup and six reserves, taking the match to two close sets: 20–25 and 19–25. An incredible feat for a team that only started playing volleyball this term in their PDHPE class.

After the game, Ponyo was buzzing with energy and asked when their next match would be—flames practically shooting from her eyes. Her passion for sport and team spirit was a joy to witness.



cont.

## **VOLLEYBALL TRIALS (cont.)**

Nimbin boys went down in the second set but stunned the crowd—and the Rivers team—with their skills, teamwork, and resilience. The crowd was on their side, cheering them on as the underdogs with a real shot at progressing to the next round. In the end, they narrowly lost but were congratulated for their fantastic effort.

Our students proudly wore the new sports uniforms featuring Bundjalung Country Indigenous designs, making them stand out at the event. Thea remarked, "Can we keep these uniforms and wear them downtown to show off how great our school is—or even just around school?" Avalon added, "I feel so sporty wearing these clothes—so epic!"

After their matches, our students played friendly games and made new friends from other schools. It was a wonderful day shared with an awesome bunch of young people from our amazing school. The bus ride home was filled with laughter and community spirit as the whole group sang '80s and '90s ballads together—perfectly summing up the experience.

Spike of the Day - Sohten Kato Magical, Impossible Shot of the Day - Mereki Dufes

> Aaron Van Dugturen Teacher - Secondary





## Circle of Security

FREE PARENTING PROGRAM

Circle of Security employs a relationship-based approach that focuses on enhancing attachment security between parents/carers and their children. Backed by research, this program assists parents and carers in making better sense of their child's behaviour and needs, while strengthening connections with them.







### Participants will learn the following

- · Understanding their child's emotional world by learning to read their emotional needs.
- · Supporting their child's ability to successfully manage emotions.
- Enhancing the development of their child's self-esteem
- How to honour the innate wisdom and desire for their child to be secure.

Recommended for parents and carers with children of any age.













# Tuning in to Kids





Tuning in to Kids is an evidence-based, emotion-focused program that offers a fresh perspective on parenting by emphasising the emotional bond between parents and their children.

#### What you will learn

- · Increased self-awareness and emotional regulation
- Strategies to recognise and respond to children's emotions
- Stronger emotional connections with children through empathy
- Guidance for children to express and manage their feelings
- Development of collaborative problem-solving skills







#### Recommended for:

Parents and caregivers with children 2 -12 years old.



## **Bringing up Great Kids**

FREE PARENTING PROGRAM

**Bringing Up Great Kids emphasises** building positive and nurturing relationships between parents and children, while helping parents reflect and improve their communication patterns to foster more respectful interactions and encourage the development of children's positive self-identity.

### What you will learn

- · Learn to build positive, respectful relationships with children.
- · Identify healthy responses to children's needs.
- · Understand your parenting styles. · Source relevant information and
- support on effective parenting.











Recommended for parents/caregivers with children 2-12 years old.







## Aboriginal Resilient Kids Lives Lived Well



## Deadly thinking - Permission Slip

#### ABOUT DEADLY THINKING

The "Deadly Thinking" program is designed to educate and support young people in understanding and managing their wellbeing. Deadly Thinking Youth allows for an adaptable, group-based delivery, suitable for school environments and community organisations. The workshops offer a culturally appropriate environment for students and young people to yarn about their troubles and learn how to feel strong in body, mind, and spirit. This program aims to provide insights, and strategies to support wellbeing. However, it is important to acknowledge that some of the content presented may elicit emotional responses.

#### PROGRAM OVERVIEW

The "Deadly Thinking" program includes sessions led by trained professionals who cover various topics such as:

- · Mental health awareness and education
- Identifying signs of emotional distress
- · Developing resilience and coping strategies
- · Building supportive relationships
- Accessing mental health resources



The Resilient Kids Program is funded by Healthy North Coast through a grant provided by the Australian Government







The Deadly Thinking program is open to all secondary students and will run every fortnight, throughout Term 2.

There is NO cost to families and to ensure your child(ren) have an opportunity to participate, please send the permission note sent home back into school.

If you have any questions or require any further information, please contact

Bronwyn Renshaw (Student Support Officer) at the school on 66891355.





## APRA AMCOS

**PRESENTS** 

# SONGWRITING WORKSHOP

FEATURING INDUSTRY MENTORS:



Jazz D'Arcy



Mr Rhodes



Bec Sandridge

WHEN:

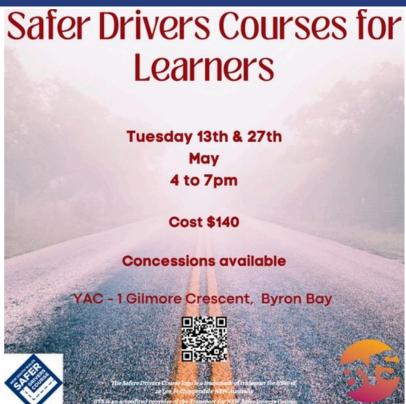
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3, 4 June

WHERE:

Nimbin Central School

Are you interested in songwriting and music production? This two-day workshop is for you!





Applications close: Friday 30 May 2025

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Early Childhood Early Intervention Playgroup Free for all families Morning tea provided early childhood developmen children aged 0-5 years. Friday 10:00am - 12:00pm 7th Feb- 11th April outhern Cross University 61 Rifle Range Road **East Lismore** Just turn up or vā a v v a v ā v ā Family Support Network Inc. Do you know of a parent who is concerned about their child's development?

We meet Fridays in school term, 10 am to midday, February 7th to April 11th, 2025 Held at Aruma Early Intervention, 61 Rifle Range Road, East Lismore.

Just turn up, or contact us for more information 66212489, admin@fsn.org.au

### Garlic Bread (CM)......\$1.50 Cheesy Garlic Bread (CM).....\$2.00 Dim Sims - mini steamed chicken - 5 for.. \$3.50 Jam or Vegemite...... \$2.50 Cheese or Tomato..... Hash Brown......\$1.50 Spinach Ricotta Rolls (CM)......\$3.50 Chicken Fingers or Nuggets (4)......\$3.00 Fried Rice (Chicken or Veg)......\$5.50 \*Pasta Bolognese - Meat or Veg......\$5.50 \*Mexi Beans & Rice......\$0.50 \* #Nachos - Bean.......\$5.50 Terriyaki Chicken with rice......\$5.50 Butter Chicken with rice......\$5.50 Thai Chicken with rice ......\$5.50 #Add Sour Cream......\$0.50 Cheese......\$3.50 **SNACKS** Meat & Cheese (Ham or Salami)......\$4.00 Tomato & Cheese......\$4.00 Ham, Tomato & Cheese......\$5.00 1/2 Round Roll with Ham & Cheese or **MUFFIN PIZZAS** Half an English Muffin with Pizza Sauce topped with: Ham & Mozzarella.....\$3.00 Capsicum, Red Onion & Mozzarella...... \$3.00 Pesto Chicken & Mozzarella..... \$3.50 Flamed Grilled Chicken lettuce, special burger sauce......\$6.00 Cheeseburger Beef, cheese & sauce.....\$6.00 Vegetarian - Veg pattie, tomato, EDA7/EN ONLY ON WEDNESDAYS Nori Rolls (CM) Tuna, Chick or Veg....... \$4.00 Tofu Pockets (CM) Tuna, Chick, Veg..... Pesto Pasta \$3.00 With Cheese......\$4.00 Pesto Pasta with Lettuce, Tomato & Red \$5.00 Onion..... Pesto Pasta Add Lettuce, Tomato, Red \$7.00 Onion and Pesto Chicken..... **GLUTEN FREE PASTA AVAIL. FOR EXTRA \$1.00** Garden Salad...... \$5.50 Salad with Ham, Chicken, Egg or Tuna... \$6.50 NCS Canteen Staff Salad starting from...... \$7.00 CM - canteen made

MADE ON JUMBO WHOLEMEAL BREAD FROM LOCAL BAKERY USING DAIRY FREE SPREAD

Cheese & Tomato or Cheese & Cucumber	\$4.00
Ham & Cheese	\$4.00
Salami, Cheese & Lettuce	\$5.00
Ham, Cheese & Tomato	
Salad (let, tom, cucumber, carrot & sprouts).	\$5.00
Egg, Mayo & Lettuce	\$5.50
Curried Egg, Mayo & Lettuce	\$5.50
Tuna, Lettuce, Red Onion, Tomato & Mayo	\$5.50
Chicken, Lettuce & Mayo	\$5.50
Chicken & Avocado	\$5.50
Chicken & Cheese	\$5.50
Salad & Cheese	
Ham, Salad & Cheese	\$6.00
Chicken & Salad	
Cheese, Avocado & Tomato	\$5.00

Fruitstix - seasonal (trozen or tresh) (CM)	
Popcorn	\$2.00
Custard Cup or Yoghurt Cup (CM)Small	
Large	\$2.50
Tinned Fruit Cup (CM)	
Chips (Sea salt/Grain Waves S/C Chives	\$2.00
Pikelets x 3 with Maple Syrup (CM)	\$2.50
Jelly Cups (Wednesday) (CM)	\$2.00

100% Just Juice Poppers -	5 flavours \$2.50
Water	600ml \$2.50
Water	1000ml \$3.50
Juice Bomb Can	
Up & Go Chocolate	DF \$3.50
Cup of Warm Milo 12 oz	(Winter Only) \$3.00
M2GO Milk Poppers - Cho	c or S'berry \$3.00
Nippy's 500ml Iced Choc/	Coffee.(HS only) \$5.00
Coffee is for High School	l and Staff Only

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Juice Cups (CM)	\$1.50
TNT or Choc Ice Mony	\$1.50
Snap Juice Ice Blocks 6 flavoursHalf	\$1.00
Whole	\$1.50
Chocolate Moosie	\$2.50
Juicies 2 flavours	\$2.50
Yoghurt Cubes - (CM)	\$1.50
SUMMER ITEM	\$1.20
Vanilla Dixie Cup	\$2.00
VECAN OPTION AVAIL ON PEOLIEST	\$2,00

Nimbin Central School Canteen