

Rel. Principal: Mrs Sally-Ann Thompson
Phone: 66891355
Address: 23A Thorburn St Nimbin 2480
Email: nimbin-c.school@det.nsw.edu.au

Week 9 Term 1 - 2024



PRINCIPAL'S REPORT

As we're heading towards the long weekend, it's a busy time for our senior students with exams just around the corner. In Senior classes there are several positive things happening in our school community right now. Our Year 12 students are stepping up and offering some fantastic advice to their Year 11 peers on how to tackle exam questions. It's great to see them working together and sharing their strategies – it's a real team effort! Our Kindergarten students are buddy reading with our mother's group (please see article later in the newsletter). Year 7 have presented their passion projects and students in Year 8 are completing activities that focus on Podcasting.

Now, let's talk about making the most of opportunities. Here at Nimbin Central, we're all about giving students the chance to shine. Whether it's joining a club, taking up a new hobby, or even stepping into a leadership role, there are so many opportunities for our students to explore their interests and talents. And who knows? They might just discover a passion they never knew they had! Lunchtime activities include music, drama, robotics, and maths tutoring. There are many sporting options available for students and the excursion opportunities just keep coming. Learning should not be confined to the four walls of a classroom.

It's not just about seizing opportunities – it's also about being kind. We all want our children to grow up to be good people, and kindness is at the heart of that. Whether it's helping a classmate in need or just saying a friendly hello in the playground or responding kindly to others in class those little acts of kindness can make a big difference in someone's day. And when we all come together to support each other, that's when our school community really shines.

And let's not forget about looking after our planet. We want to leave the world a better place for those who come after us. That commitment starts right here, right now.



**Congratulations to our
Primary Assembly Award
recipients this week!**

Continued next page

PRINCIPAL'S REPORT (cont.)

teaching everyone to be mindful of their environmental footprint – whether it's recycling, conserving energy, taking care of classrooms and equipment, wiping our feet or appreciating the beauty of nature – we're setting children up to be responsible global citizens who care about the world around them.

I am thrilled to announce that following the merit selection process for the Principal role I have been offered the position. As many will know Norfolk Island has been my home for the past nine years with part of my family still living there. Having been at Nimbin Central since the beginning of 2023, I have had the privilege of witnessing firsthand the incredible dedication and talent that exists within our school community. From our passionate educators to our bright and ambitious students, I am continuously inspired by the enthusiasm and commitment that permeates every aspect of our school. Together, we will continue to build upon the rich traditions and achievements of Nimbin Central, while also embracing innovation and forward-thinking approaches to education. I am dedicated to working closely with our staff, parents, and students to cultivate a dynamic and engaging educational experience that prepares our students to excel in an ever-changing world.

So, as we gear up for the long weekend which will be closely followed by our term break, let's remember to support each other, grab onto every opportunity that comes our way, spread kindness wherever we go, ask for help when we need it and take very good care of our environment. With your support as parents and carers, we can help children become the best version of themselves and make a positive impact on the world.

Sally-Ann Thompson

Nimbin Central School

Term 1, 2024

Key Dates

| | |
|---|---|
| Friday 29 Mar | Good Friday |
| Monday 1 Apr | Easter Monday |
| Friday 5 Apr | Secondary Cross Country at Ballina |
| Monday 8 Apr — Friday 12 Apr | Year 11 Exam Week |
| Friday 12 Apr | Last day of Term 1 |
| Tuesday 30 Apr | Students return for Term 2 School ANZAC Ceremony |

FROM THE DEPUTY

It's Easter! Great that this year it is not in our school holidays. Everyone needs a well-earned short break to re-focus for the final two weeks of Term 1. School officially ends on Friday 12 April. This is different to Victoria and Queensland school holidays this year which is also great, so we can get away to some of our awesome national parks and campgrounds without being invaded by those interstaters.

Easter, of course, is a Christian faith holiday, celebrating the resurrection of Jesus after crucifixion. For most of us, its about Family, Fun and Chocolate!

Easter seems early this year, and that's because it changes every year as it falls on the first Sunday after the first full moon following the Spring Equinox. The full moon was Monday night, unfortunately it was too cloudy to get a good look around here.

Anyway, Easter means different things to different people, I like the Salvation Army's meaning- that whatever life involves, we can have hope and peace.....Amen!

At school we have seen some amazing achievements and exceptional engagement in learning. I know our staff work tirelessly to prepare, deliver and inspire our learners.

Last week we saw the efforts of our year 7 Humanities learners who presented their passion projects for us to enjoy. It was mind-blowing to see the diversity of skills, interests, and abilities of our Year 7 cohort and the scope of their offerings was also impressive, from singing and crochet, to the more traditional written and powerpoint presentations.

I'm looking forward to seeing the Year 8 Humanities projects later this week on social issues they find interesting. We have some deep thinkers at NCS who have exceptional social justice skills and care for community and what the future Australia looks like for them and others- future leaders.

You will see a message from Transport NSW about bus routes and numbers. This is just for your information. The numbers may change but the routes/ routines /times will not change, please be alerted not alarmed- its buses as usual!

Enjoy all the love, laughter and chocolate of Easter and we will be back Tuesday to finish off the final two weeks of term. Our Stage 6 has their preliminary exams in Week 11 so hopefully they are preparing for those and ready to start the HSC courses in Term 2.

We also have our Secondary X-Country in Ballina on Thursday April 11. We would love to see as many participants from Secondary as possible. It's a great day, even if you don't want to take it competitively.

Simon Graham

NCS Newsletter Team

Design & Editing:

Julie Wone

Proof Reading:

Sue Willis

KINDERGARTEN/YEAR 1

On Mondays, our Kindergarten / Year 1 class received a letter of invitation to read to our school Jarjum Mirr playgroup group. Our students look forward to sharing this time with the playgroup children, often making guesses as to who will be there when we visit. In preparation, K/1 engage in guided choral and instructed guided reading to build their confidence and reading to our playgroup children.

Not only are K/1 practicing their literacy skills, but they are also developing their sense of belonging in their school environment.

In school, a sense of belonging gives students feelings of security, identity, and community, which, in turn, support academic, psychological, and social development (Jethwani-Keyser, 2008).

K/1 are also joining Year 3,4,5 for buddy reading. The students take turns reading to each other, choosing from class readers and a wide variety of texts.

When students are reading to another person, it naturally motivates them to practice reading fluently and to read with expression. Students are developing comprehension skills by sharing their ideas and opinions of the books they are reading.

Buddy reading with peers builds a student's sense of belonging. These fundamental benefits for children and young people have flow-on benefits for their learning and engagement with school.

It was wonderful to see the Years 3,4,5 take a leadership role and demonstrate their patience and care with our younger students.

Heather Jessup





Theatre at Nimbin Central School

Year 11 and 12 Drama students at Nimbin Central School have powerful things to say.

This Term, the class have been learning unique and powerful theatre styles from history and other cultures, ranging from the hyperbolic acting and action in Melodramas, through to the alienating and political forms of Bertolt Brecht's Epic Theatre. Using this learning, I tasked them with building their own original pieces of theatre designed to leave a powerful impression on their audiences.

Within days, the groups detailed to me what they wanted to say and how they wanted to say it:

- * using dark melodrama to comment on how years of oppression at the hands of males has resulted in females turning on each other
- * using Brecht's episodic form to examine the etymology of Aussie Tall Poppy Syndrome
- * using Artaud's Theatre of Cruelty and disturbingly synchronised choreography to satirise life in the rat race.

After weeks of rigorous research and rehearsal, the students presented their pieces to an audience of their parents, carers, peers and school staff - to rapturous applause.

This performance was a great point of reflection for our budding young thespians, who will take this experience into a new, more demanding group performance for their Higher School Certificate.

Congratulations to them all for their bravery, passion and energy.

Our next showcase will be coming up in Term 3.



Corey Wheeler

Cut Gas Chop, by Sophie, Maggie, Jenghis and Yatika



The Rat Race, by Giselle, Nevaeh and Cherokee

Year 7 Humanities - Passion Projects

This Term in our Year 7 Humanities classes, we have been putting our young people in charge of their learning. They have been working rigorously on their Term 1 Passion Projects - an open-ended, student-driven task where they create a range of different texts which represent their passions.

We had student projects on:

- Rap and Hip-Hop (lots of budding young MCs in the group)
- Amigurumi (which I've since learnt is the Japanese art of making crocheted toys)
- Survival tips during a zombie apocalypse
- Greek mythological figures
- Gaming (including an actual game built by a student!)

And so many more.

Our young people have diverse interests and learning styles. But something that unites them is their curiosity, resilience, focus and creativity.

Corey Wheeler



The group of Years 5, 6, 7 and 8 students appreciating Joss's original song and performance, demonstrating her passion for her guitar.



Ether and Mahlie supporting Hannah with her project on the human body.



Lucy with her presentation on French cuisine, including a crocheted baguette and profiterole!

Sport News

On Wednesday 20th we were visited by Evans River for the first round of the CHS Opens Football Knockout competition. Our very brave Girls team ran onto the pitch for their first time together, and for many of them, their first ever game of soccer. The gals braved the heat (and the confusion of wearing a very similar shirt to the opposition) to give the more-experienced Evans team a challenging game. Billie scored a ripper penalty and Ava dove to save many shots from the Evans strikers. Sadly it was not quite enough to surpass Evans' lineup, with the final score sitting at 8-1.

The Boys followed, running onto the field with confidence and enthusiasm. Our team was a fair match for the Evans boys, with Darius and Jarrah making the Evans defenders work hard and Cooper's lithe keeping stopping any shots in their tracks. Ben proved himself a worthy opponent to much older players, holding the ball up and delivering precise passes into our midfielders. Jarrah ran the pitch to bring home a forceful strike. However in the end the Evans' strikers pushed past even Daniel and Livio in defence, making the final score 4-2.

Despite the scorelines, everyone involved made the most of the day and we are all excited for the next opportunity to play other schools. Well done to those students who volunteered to play and a huge thank you to the staff who assisted in making the fields playable and supported our students.

Lucia Schulz—PDHPE Teacher



CAREERS NEWS

Hello students of Nimbin Central School.

Are you considering your next steps after high school? Well, we've got some important updates that might just make your decision a whole lot easier. Early entry schemes are now open for several universities, offering you a unique opportunity to secure your spot before the rush begins.

Let's start with the University of New England (Armidale). Their Principals Recommendation Scheme is currently accepting applications. This scheme allows you to be recognized for your achievements and potential by your High School Principal, providing a pathway to admission at UNE. It's a chance to showcase your strengths and set yourself apart in the competitive world of university applications.

Next on the list is Charles Sturt University, which will open its early entry scheme on May 1st. This is an excellent opportunity for proactive students to get a head start on their university journey. By applying early, you can alleviate some of the stress associated with the traditional application process and potentially secure your place at CSU.

Finally, for those considering the Australian National University (ANU), please note that applications will close on May 13th. ANU is renowned for its academic excellence and innovative research opportunities. Applying through the early entry scheme could give you a valuable advantage in securing a place at this prestigious institution.

Additionally, keep an eye out for the arrival of UAC booklets in April. These booklets contain essential information about the university application process, including deadlines, entry requirements, and course offerings. They're a valuable resource for anyone considering further study after high school.

In conclusion, early entry schemes offer a fantastic opportunity to kickstart your university journey. Whether you're interested in UNE, CSU, ANU, or any other institution, taking advantage of these schemes could be the first step towards achieving your academic goals. So, take some time to explore your options and consider applying early to secure your place in the future you envision.

Mark Chaseling—Careers Advisor

May 27th 2024

NIMBIN CENTRAL SCHOOL
Careers Market
Calling on interested Community Members
to assist.

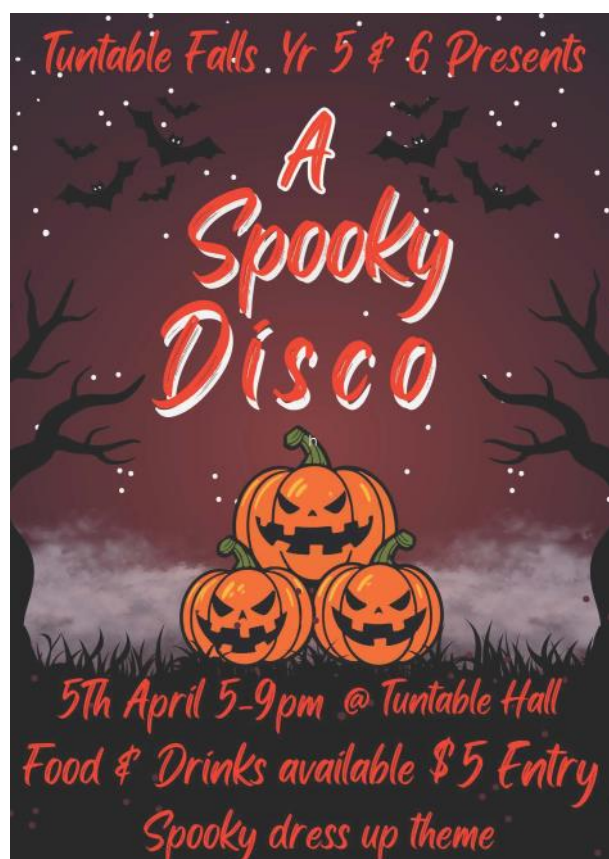
Studies have shown that children are interested in "what they want to be when they grow up" from an early age. However, their answer may be built on very limited experiences. We would like to expose them to a wider range of options and opportunities that might interest them at our CAREERS FAIR.

We are currently recruiting a broad spectrum of career employers and business owners to attend and offer their services as a "Career Expert" for our market. Students can ask the "Career Experts" various questions in the hope to spark their interest in a wide variety of possible careers and opportunities beyond school. If you are a business owner or past or present employee with expertise in a vocational area and are willing to run a stall at our event, please contact using the details below for further information.

RSVP BY 13th May

Monday 9.00am – 12.00pm.

Please contact me on 02 66 89 1355 mark.chaseling@det.nsw.edu.au Thank you in advance. Mark Chaseling Careers Adviser Nimbin Central School.



what's the difference between **feeling depressed** vs **depression?**

normal feelings of depression:

- Are **temporary** and may 'come and go'
- Usually have a **known cause**, e.g. losing a pet
- Most of the time are **mild to moderate** in severity
- Most of the time **don't interfere** with your everyday life
- Most of the time **don't cause you distress**
- Are **manageable** most of the time, i.e. you can cope with minor support

depression might be a problem or disorder if:

- It **lasts** a long time
- It **doesn't** seem to **have a cause** or the cause is unknown
- It feels **overwhelming**
- You are struggling to cope
- It **causes you distress**
- It **interferes with your everyday life**, e.g. you avoid seeing friends because you feel so down
- You **feel unsafe** or at risk

kidshelpline.com.au | 1800 55 1800  anytime, any reason.

NSW Department of Education 

Every Day Matters

If your child misses as little as **1 day** per fortnight they will miss **4 weeks** of school per year which adds up to over **1 year** missed over their school life

Make sure your child doesn't miss out on the important things like:

-  Learning
-  Strengthening friendships
-  Emotional development

 Scan the QR code to learn more



Changes to school bus route numbers B

From 26 March 2024

All school buses will have new route numbers.

New school bus route numbers will start with 'S' (for school bus), followed by a three-digit route number. For example, S100.

To find the new route number of your school bus:

- ask at your school office for the list of bus route changes
- contact Quinns Buses on **0428 282 137**

For more information on school bus services, visit transportnsw.info

Transport

School bus route service changes

Quinns Buses – Effective 26 March, 2024

| Schedule of school bus route changes | | |
|--------------------------------------|-------|--|
| Current # | New # | New route name |
| * N0247 | S255 | Billen Cliffs & Stony Chute to Nimbin Central |
| N0448 | S256 | Billen Cliffs to Barkersvale PS, Rainbow Ridge Steiner & Nimbin |
| * N1340 | S257 | Crofton Rd & Nimbin Central to Nimbin & Rainbow Ridge Steiner |
| N2551 | S258 | Terania Creek to Modanville Public & Lismore Schools |
| * N2611 | S259 | Tuntable Falls & Nimbin to Nimbin Central & Tuntable Falls Community |
| N2736 | S260 | Nimbin to Barkersvale Public via Stony Chute & Williams Rd |
| N2827 | S261 | Lismore to Wyrallah Public |
| N0049 | S262 | Mount Burrell to Barkers Vale PS, Rainbow Ridge & Aetaomah Steiner |
| * N2603 | S263 | Gungas Rd & Basil Rd to Nimbin |
| N2891 | S264 | Broadwater to Lismore Schools & Goonellabah Schools via Wyrallah |
| N2692 | S265 | Tucki Tucki Rd to Lismore Schools via Riverbank & East Gundurimba |
| 652S-2 | S266 | Tuntable Creek to The Channon Public & Tuntable Falls Community |
| 652S-3 | S267 | Terania Creek to The Channon Public |
| * 652 | 652 | Tuntable Creek to Lismore Schools via The Channon & Keerrong |

Comments with PSQuinn @PSQuinnNSW

The new route numbers and names can also be viewed online at transportnsw.info



The school canteen is looking for volunteers. If you can spare some time to help out, it would be greatly appreciated. Even just an hour or two can make a big difference. Call Simone on 66891355 or drop in to see her.



P & C meets Thursday afternoons

Week 3 and Week 7 of term.

3.30 pm in the Library.

All welcome!!!

Love to see you there.



TRADING HOURS

OPEN DAYS

10 AM—3 PM

2nd and 3rd Wednesday
Of the Month

OP SHOP DAYS

10 AM—3 PM

1st and 4th Wednesday
Of the Month

MARKET DAYS

9.30 AM—3 PM

4th and 5th Sunday
Of the Month

NIMBIN CWA BRANCH

NIMBIN CENTRAL SCHOOL HATS

AVAILABLE AT THE OFFICE



100% COTTON

\$15.65

MESSAGE FROM THE OFFICE:

Are your contact details up to date?

If you have changed residential or postal address and/or changed telephone numbers recently, please contact the school office to update.

To provide for the safety and well-being of your child, we need the most current information available.

NIMBIN CENTRAL SCHOOL IS NOW ON FACEBOOK. PLEASE FIND US AND LIKE US:

www.facebook.com/nimbincentralschool



NIMBIN CENTRAL SCHOOL CANTEEN MENU Term 1, 2024

| HOT FOODS | | COST | SNACKS | | COST |
|--|-----------------------|--------|--|-----------------------------|--------|
| Garlic Bread | | \$1.00 | Fresh Fruit - seasonal | | \$2.00 |
| Cheesy Garlic Bread | (needs to be ordered) | \$1.50 | Air popped popcorn | from | \$1.00 |
| Dim Sims steamed chicken | 3 for | \$4.00 | Custard Cup / Yogurt cup | 2 sizes \$1.00 OR | \$2.00 |
| Hash Browns | each | \$1.00 | Tinned Fruit Cup | Plain \$1.00 With Custard | \$1.50 |
| Spinach & Cheese Roll | HALF only | \$2.50 | Chips – Sea salt/ Grain waves s/c chives/Pretzels | | \$1.50 |
| Sausage Roll | | \$4.50 | Pikelets x 3 with maple syrup | | \$2.00 |
| Bag of 4 Chicken Fingers or Dino Nuggets | | \$2.50 | NEW FRESH YOGURT BERRY GRANOLA CUPS | \$3.00 OR | \$4.00 |
| Stir Fried Rice | VEG \$4.50 Chicken | \$5.00 | (Gluten free/nut free) | | LARGE |
| Pasta Bolognese * | Meat OR Veg | \$5.00 | COLD MEALS | | |
| Mexi Beans & Rice * | | \$5.00 | Pesto Pasta | Plain \$3.00 OR with cheese | \$3.50 |
| Mac Cheese | | \$5.00 | With lettuce, tomato, red onion | | \$5.00 |
| Nachos | Bean | \$5.00 | With lettuce, tom, red onion, flame grilled chicken | | \$6.50 |
| Teriyaki Chicken or Butter Chicken n Rice | | \$5.00 | WARM versions also available by request | | |
| | | | GLUTEN FREE PASTA AVAILABLE BY ORDER FOR AN EXTRA | | 0.50 |
| * WANT CHEESE WITH YOUR MEAL? THEN PLEASE ADD AN EXTRA 50C TO THE PRICE * | | 0.50 | Basic Salad Box Lettuce Tom Cuc Sprouts Red Onion | | \$5.00 |
| | | | With Ham OR Cheese OR Egg | | \$6.50 |
| TOASTIES | | | SNACK PACKS | | |
| Just Cheese | | \$3.00 | ½ sandwich of choice + juice popper + small | | \$5.00 |
| Ham Cheese / Salami Cheese / Tomato Cheese | | \$3.50 | custard or yogurt cup | | EACH |
| Ham Cheese Tomato | | \$4.00 | Or switch the custard/yogurt to cup of tinned fruit | | |
| Chicken & Cheese | | \$4.50 | SALAD BOXES & SNACK PACKS MUST BE ORDERED | | |
| ½ Round Roll Toasted with Tomato Cheese / Ham Cheese | | \$3.00 | STAFF SALADS AVAILABLE BY ORDER | FROM | \$6.00 |

Tomato/BBQ/Sweet Chilli Sauce 30c

Salad dressing 50c

Extra Forks/Spoons 10c

| SANDWICHES | | COST | DRINKS | | COST |
|---|-----------------------------|--------|--|-----------------------|----------------|
| Jam | OR Vegemite | \$2.00 | Berri pop top juices 250ml | 3 flavours | \$2.50 |
| Cheese | OR Tomato | \$3.00 | 100% Just Juice Poppers | 5 flavours | \$2.00 |
| Tomato & cheese | OR Cheese & cucumber | \$3.50 | Water | 600ml | \$1.50 |
| Ham & Cheese | | \$3.50 | Water | 1 litre | \$2.50 |
| Salami Cheese Lettuce | OR Ham Cheese Tomato | \$4.00 | Juice bomb can | 8 flavours | \$2.50 |
| Salad (lettuce, cucumber, tom, carrot, sprouts) | | \$4.50 | Cup of cold milo 12oz | please order | \$3.00 |
| Egg Mayo Lettuce | OR Curried Egg Mayo Lettuce | \$4.50 | Cup of WARM milo 12oz | (winter months only) | \$3.00 |
| Tuna Mayo Lettuce with Red Onion & Tomato | | \$5.00 | M2GO milk poppers | Choc/S'Berry | \$2.50 |
| Chicken Lettuce Mayo/Chicken Avo/Cheese Avo tomato | | \$4.50 | Nippys 500ml Iced Choc/Coffee | H/S ONLY | \$4.50 |
| Salad with Cheese | | \$5.00 | Nippys 375ml iced choc/coffee | | \$3.50 |
| Ham Cheese Salad | OR Chicken Salad | \$5.50 | (coffee is for high school only) | | |
| ALL SANDWICHES ARE MADE ON JUMBO WHOLEMEAL BREAD FROM LOCAL BAKERY USING DAIRY FREE SPREAD | | | FROZEN | | |
| WRAPS | | | Juice Cups (canteen made) | Apple | \$1.00 |
| Salad with Dairy Free Mayo | | \$5.00 | Sips | 4 flavours Half/Whole | 50/100 |
| Chicken lettuce mayo | | \$5.00 | TNT Δ | | \$1.00 |
| Egg, lettuce n mayo/curried egg lettuce n mayo | | \$5.00 | Snap juice ice blocks | 6 flavours Half/Whole | 50/100 |
| Flame grilled chicken with mayo, lettuce & sweet chilli sauce | | \$5.50 | Chocolate moosie | | \$2.00 |
| (WRAPS AVAILABLE DURING SUMMER MONTHS. BY ORDER ONLY) | | | Juicies | 2 flavours | \$2.00 |
| BURGERS CHICKEN OR BEEF | | | CANTEEN MADE custard cubes/yogurt cubes | | \$1.00 EACH |
| *Flame Grilled Chicken, lettuce & special burger sauce | | \$5.50 | ICE CREAM CUPS | VEGAN OR DAIRY GF | \$2.00 |
| *Cheeseburger - Beef patty, cheese and choice of sauce | | \$5.50 | (Vegan = Coconut /Dairy = Vanilla | | EACH |
| (Please add 50c extra per ingredient if you want salad items | | | ----- | | ----- |

PLEASE REMEMBER IT IS PREFERRED THAT ALL HOT FOOD ITEMS FOR 2ND AND 3RD BREAKS BE ORDERED